

DEBORAH BROWN-VOLKMAN, PCC

CAREER COACH & CAREER GOALS GURU

HOW TO BREAK FREE FROM THE PAST + RE-DEFINE YOUR PROFESSIONAL FUTURE

As a 7-time author, Deborah's latest books are 58 years in the making; a 2-BOOK SERIES on how Childhood Trauma impacts your career & how to get through it.

BOOK #1: "Childhood Trauma. Some rise; some fall. How to be one of the lucky ones that get back up."

BOOK #2: "It's Time To Rise! Overcoming Childhood Trauma. (Part 2: The Workbook)"

The premise: Children become adults and they go to work. The workplace is stressful. Stress brings trauma right to the surface.

Childhood trauma does different things to different people.

- Some RISE and become top performers.
- Some FALL and can't hold a job.

It's the luck of the draw. RIGHT? Or is it something else?

Deborah's up-bringing directly affected how she made a living. Deborah went through physical and emotional abuse for over two decades. She experienced the type of abuse most people don't come back from. She did. She could have easily fallen. She rose with hard work.

These 2 books = Deborah's story + how she overcame childhood trauma + strategies to help you overcome yours.

How you grew up doesn't have to determine whether you have a successful career or not. You can have a hard beginning and still find a career you love and are proud of.

NOTE: Deborah is not a therapist and does not claim to be one. She is a career coach and regular person who went through a terrible beginning, survived it, and has healed herself. Her goal is to help others heal too.

600,000 kids a year grow up in abusive homes. Deborah was one of those kids.

For 20+ years, Deborah has been on forefront of the coaching industry and is known as the go-to resource for goal achievement. She is a Certified Career Coach and Career Goals Guru who has helped clients through some of the toughest moments in their careers. She has worked with clients in companies, including: Facebook, Google, Citibank, Nautica, Verizon, and many others.

Deborah Brown-Volkman is champion for childhood abuse survivors. She put herself on a path to healing after recognizing that remnants of her abuse were ruining her career. She found her purpose and herself on her journey.



"No one is going to save you…"

WHAT'S THE DIFFERENCE BETWEEN SOMEONE WHO RISES OR FALLS?

THERE ARE 3 STEPS:

- Inner-work = you get stronger.
- Outer-work = you build resilience + confidence by reaching goals.
- Solid support system = you don't rise alone.

STARTER QUESTIONS

- Tell me about your story.
- How does childhood trauma affect people in the workplace?
- How did it affect you?
- What can you do to heal and move past it?
- What would you like to see changed in the workplace when it comes to Childhood Trauma?
- Why did you write this book? Why now?

DEBORAH'S BOOKS



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CLIENT TESTIMONIALS

"Deborah was the north star enabling me to escape from the abyss during one of the darkest moments of my life."

"It's astonishing how much I've accomplished; my whole life has changed in a short amount of time."

"Deborah is a true advocate for those who want more for themselves both personally and professionally."

FEATURED AND QUOTED IN

Forbes

The New York Times

THE WALL STREET JOURNAL.

FORTUNE



"You have to save yourself."